

SECTION 1: IDENTIFICATION OF THE SUBSTANCE/MIXTURE AND OF THE COMPANY/UNDERTAKING

1.1. Product identifier

Product Description:	Nickel(II) hydroxide
Cat No. :	12517
Synonyms	Nickel Dihydroxide; Nickelous Hydroxide.
Index No	028-008-00-X
CAS No	12054-48-7
Molecular Formula	H2 Ni O2
REACH registration number	-

1.2. Relevant identified uses of the substance or mixture and uses advised against

Recommended Use	Laboratory chemicals.
Uses advised against	No Information available

1.3. Details of the supplier of the safety data sheet

Company	Avocado Research Chemicals Ltd. (Part of Thermo Fisher Scientific) Shore Road, Heysham Lancashire, LA3 2XY, United Kingdom Office Tel: +44 (0) 1524 850506 Office Fax: +44 (0) 1524 850608
---------	--

E-mail address	begel.sdsdesk@thermofisher.com
----------------	--------------------------------

1.4. Emergency telephone number

For information **US** call: 001-800-227-6701 / **Europe** call: +32 14 57 52 11
Emergency Number **US**:001-201-796-7100 / **Europe**: +32 14 57 52 99
CHEMTREC Tel. No. **US**:001-800-424-9300 / **Europe**:001-703-527-3887

SECTION 2: HAZARDS IDENTIFICATION

2.1. Classification of the substance or mixture

CLP Classification - According to GB-CLP Regulations UK SI 2019/720 and UK SI 2020/1567

Physical hazards

Based on available data, the classification criteria are not met

Health hazards

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Acute oral toxicity
Acute Inhalation Toxicity - Dusts and Mists
Skin Corrosion/Irritation
Respiratory Sensitization
Skin Sensitization
Germ Cell Mutagenicity
Carcinogenicity
Reproductive Toxicity
Specific target organ toxicity - (repeated exposure)

Category 4 (H302)
Category 4 (H332)
Category 2 (H315)
Category 1 (H334)
Category 1 (H317)
Category 2 (H341)
Category 1A (H350i)
Category 1B (H360D)
Category 1 (H372)

Environmental hazards

Acute aquatic toxicity
Chronic aquatic toxicity

Category 1 (H400)
Category 1 (H410)

Full text of Hazard Statements: see section 16

2.2. Label elements



Signal Word

Danger

Hazard Statements

H302 + H332 - Harmful if swallowed or if inhaled
H315 - Causes skin irritation
H317 - May cause an allergic skin reaction
H334 - May cause allergy or asthma symptoms or breathing difficulties if inhaled
H341 - Suspected of causing genetic defects
H350i - May cause cancer by inhalation
H360D - May damage the unborn child
H372 - Causes damage to organs through prolonged or repeated exposure
H410 - Very toxic to aquatic life with long lasting effects

Precautionary Statements

P201 - Obtain special instructions before use
P260 - Do not breathe dust/fume/gas/mist/vapors/spray
P280 - Wear eye protection/ face protection
P302 + P352 - IF ON SKIN: Wash with plenty of soap and water
P304 + P340 - IF INHALED: Remove person to fresh air and keep comfortable for breathing
P308 + P313 - IF exposed or concerned: Get medical advice/attention
P342 + P311 - If experiencing respiratory symptoms: Call a POISON CENTER or doctor/physician

Additional EU labelling

Restricted to professional users

2.3. Other hazards

This product does not contain any known or suspected endocrine disruptors

SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

3.1. Substances

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Component	CAS No	EC No	Weight %	CLP Classification - According to GB-CLP Regulations UK SI 2019/720 and UK SI 2020/1567
Nickel hydroxide	12054-48-7	EEC No. 235-008-5	>95	Acute Tox. 4 (H302) Acute Tox. 4 (H332) Skin Irrit. 2 (H315) Skin Sens. 1 (H317) Resp. Sens. 1 (H334) Muta. 2 (H341) Carc. 1A (H350i) Repr. 1B (H360D) STOT RE 1 (H372) Aquatic Acute 1 (H400) Aquatic Chronic 1 (H410)

Component	Specific concentration limits (SCL's)	M-Factor	Component notes
Nickel hydroxide	-	1	-

REACH registration number	-
---------------------------	---

Full text of Hazard Statements: see section 16

SECTION 4: FIRST AID MEASURES

4.1. Description of first aid measures

Eye Contact	Immediate medical attention is required. Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes.
Skin Contact	Wash off immediately with soap and plenty of water while removing all contaminated clothes and shoes. Immediate medical attention is required.
Ingestion	Call a physician immediately. Clean mouth with water.
Inhalation	Remove from exposure, lie down. Remove to fresh air. If not breathing, give artificial respiration. Immediate medical attention is required.
Self-Protection of the First Aider	Ensure that medical personnel are aware of the material(s) involved, take precautions to protect themselves and prevent spread of contamination.

4.2. Most important symptoms and effects, both acute and delayed

May cause allergy or asthma symptoms or breathing difficulties if inhaled. May cause allergic skin reaction. Symptoms of allergic reaction may include rash, itching, swelling, trouble breathing, tingling of the hands and feet, dizziness, lightheadedness, chest pain, muscle pain or flushing

4.3. Indication of any immediate medical attention and special treatment needed

Notes to Physician	Treat symptomatically.
---------------------------	------------------------

SECTION 5: FIREFIGHTING MEASURES

5.1. Extinguishing media

Suitable Extinguishing Media

Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.

Extinguishing media which must not be used for safety reasons

No information available.

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

5.2. Special hazards arising from the substance or mixture

Non-combustible. Do not allow run-off from fire-fighting to enter drains or water courses.

Hazardous Combustion Products

Nickel oxides.

5.3. Advice for firefighters

As in any fire, wear self-contained breathing apparatus pressure-demand, MSHA/NIOSH (approved or equivalent) and full protective gear.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1. Personal precautions, protective equipment and emergency procedures

Ensure adequate ventilation.

6.2. Environmental precautions

Do not flush into surface water or sanitary sewer system. Do not allow material to contaminate ground water system. Prevent product from entering drains. Local authorities should be advised if significant spillages cannot be contained. Should not be released into the environment.

6.3. Methods and material for containment and cleaning up

Sweep up and shovel into suitable containers for disposal.

6.4. Reference to other sections

Refer to protective measures listed in Sections 8 and 13.

SECTION 7: HANDLING AND STORAGE

7.1. Precautions for safe handling

Do not breathe dust. Do not get in eyes, on skin, or on clothing. Handle product only in closed system or provide appropriate exhaust ventilation. Use only under a chemical fume hood.

Hygiene Measures

Handle in accordance with good industrial hygiene and safety practice. Keep away from food, drink and animal feeding stuffs. Do not eat, drink or smoke when using this product. Remove and wash contaminated clothing and gloves, including the inside, before re-use. Wash hands before breaks and after work.

7.2. Conditions for safe storage, including any incompatibilities

Keep in a dry, cool and well-ventilated place. Keep container tightly closed.

Technical Rules for Hazardous Substances (TRGS) 510
Storage Class (LGK) (Germany)

Class 6.1D

7.3. Specific end use(s)

Use in laboratories

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

8.1. Control parameters

Exposure limits

List source(s): **UK** - EH40/2005 Work Exposure Limits, Fourth edition. Published 2020.

Component	The United Kingdom	European Union	Ireland
Nickel hydroxide	STEL: 1.5 mg/m ³ 15 min TWA: 0.5 mg/m ³ 8 hr Skin		

Biological limit values

This product, as supplied, does not contain any hazardous materials with biological limits established by the region specific regulatory bodies

Derived No Effect Level (DNEL) / Derived Minimum Effect Level (DMEL)

See table for values

Component	Acute effects local (Dermal)	Acute effects systemic (Dermal)	Chronic effects local (Dermal)	Chronic effects systemic (Dermal)
Nickel hydroxide 12054-48-7 (>95)			DNEL = 0.65mg/cm ²	

Component	Acute effects local (Inhalation)	Acute effects systemic (Inhalation)	Chronic effects local (Inhalation)	Chronic effects systemic (Inhalation)
Nickel hydroxide 12054-48-7 (>95)	DNEL = 18.9mg/m ³	DNEL = 1403mg/m ³	DNEL = 0.05mg/m ³	DNEL = 0.05mg/m ³

Predicted No Effect Concentration (PNEC)

See values below.

Component	Fresh water	Fresh water sediment	Water Intermittent	Microorganisms in sewage treatment	Soil (Agriculture)
Nickel hydroxide 12054-48-7 (>95)	PNEC = 7.1µg/L	PNEC = 109mg/kg sediment dw		PNEC = 0.33mg/L	PNEC = 29.9mg/kg soil dw

Component	Marine water	Marine water sediment	Marine water intermittent	Food chain	Air
Nickel hydroxide 12054-48-7 (>95)	PNEC = 8.6µg/L	PNEC = 109mg/kg sediment dw		PNEC = 0.12mg/kg food	

8.2. Exposure controls

Engineering Measures

Ensure adequate ventilation, especially in confined areas.

Wherever possible, engineering control measures such as the isolation or enclosure of the process, the introduction of process or equipment changes to minimise release or contact, and the use of properly designed ventilation systems, should be adopted to control hazardous materials at source

Personal protective equipment

Eye Protection

Goggles (European standard - EN 166)

Hand Protection

Protective gloves

Glove material	Breakthrough time	Glove thickness	EU standard	Glove comments
Neoprene	See manufacturers recommendations	-	EN 374	(minimum requirement)

Skin and body protection

Wear appropriate protective gloves and clothing to prevent skin exposure.

Inspect gloves before use.

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Please observe the instructions regarding permeability and breakthrough time which are provided by the supplier of the gloves.
(Refer to manufacturer/supplier for information)

Ensure gloves are suitable for the task: Chemical compatibility, Dexterity, Operational conditions, User susceptibility, e.g. sensitisation effects, also take into consideration the specific local conditions under which the product is used, such as the danger of cuts, abrasion.

Remove gloves with care avoiding skin contamination.

Respiratory Protection

When workers are facing concentrations above the exposure limit they must use appropriate certified respirators.
To protect the wearer, respiratory protective equipment must be the correct fit and be used and maintained properly

Large scale/emergency use

Use a NIOSH/MSHA or European Standard EN 136 approved respirator if exposure limits are exceeded or if irritation or other symptoms are experienced

Recommended Filter type: Particulates filter conforming to EN 143

Small scale/Laboratory use

Use a NIOSH/MSHA or European Standard EN 149:2001 approved respirator if exposure limits are exceeded or if irritation or other symptoms are experienced.

Recommended half mask:- Valve filtering: EN405; or; Half mask: EN140; plus filter, EN 141

When RPE is used a face piece Fit Test should be conducted

Environmental exposure controls

Prevent product from entering drains. Do not allow material to contaminate ground water system. Local authorities should be advised if significant spillages cannot be contained.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

9.1. Information on basic physical and chemical properties

Physical State	Powder Solid	
Appearance	Dark green	
Odor	No information available	
Odor Threshold	No data available	
Melting Point/Range	230 °C / 446 °F	
Softening Point	No data available	
Boiling Point/Range	No information available	
Flammability (liquid)	Not applicable	Solid
Flammability (solid,gas)	No information available	
Explosion Limits	No data available	
Flash Point	No information available	Method - No information available
Autoignition Temperature	No data available	
Decomposition Temperature	No data available	
pH	No information available	
Viscosity	Not applicable	Solid
Water Solubility	0.13 g/L (20°C)	practically insoluble
Solubility in other solvents	No information available	
Partition Coefficient (n-octanol/water)		
Vapor Pressure	No data available	
Density / Specific Gravity	No data available	
Bulk Density	No data available	
Vapor Density	Not applicable	Solid
Particle characteristics	No data available	

9.2. Other information

Molecular Formula	H2 Ni O2
Molecular Weight	92.7
Evaporation Rate	Not applicable - Solid

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

SECTION 10: STABILITY AND REACTIVITY

10.1. Reactivity

None known, based on information available

10.2. Chemical stability

Stable under normal conditions.

10.3. Possibility of hazardous reactions

Hazardous Polymerization
Hazardous Reactions

No information available.
No information available.

10.4. Conditions to avoid

Incompatible products.

10.5. Incompatible materials

Strong acids. Strong oxidizing agents.

10.6. Hazardous decomposition products

Nickel oxides.

SECTION 11: TOXICOLOGICAL INFORMATION

11.1. Information on hazard classes as defined in Regulation (EC) No 1272/2008

Product Information

(a) acute toxicity;

Oral

Category 4

Dermal

Based on available data, the classification criteria are not met

Inhalation

Category 4

Component	LD50 Oral	LD50 Dermal	LC50 Inhalation
Nickel hydroxide	LD50 = 1515 mg/kg (Rat)	-	LC50 = 1200 mg/m ³ (Rat) 4 h

(b) skin corrosion/irritation;

Category 2

(c) serious eye damage/irritation;

No data available

(d) respiratory or skin sensitization;

Respiratory

Category 1

Skin

Category 1

May cause sensitization by skin contact

(e) germ cell mutagenicity;

Category 2

Possible risk of irreversible effects

(f) carcinogenicity;

Category 1A

May cause cancer by inhalation. The table below indicates whether each agency has listed any ingredient as a carcinogen

Component	EU	UK	Germany	IARC
Nickel hydroxide	Carc Cat. 1A		Cat. 1	Group 1

(g) reproductive toxicity;

Category 1B

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Reproductive Effects May cause harm to the unborn child.

(h) STOT-single exposure; No data available

(i) STOT-repeated exposure; Category 1

Route of exposure Inhalation
Target Organs Lungs.

(j) aspiration hazard; Not applicable
Solid

Symptoms / effects, both acute and delayed Symptoms of allergic reaction may include rash, itching, swelling, trouble breathing, tingling of the hands and feet, dizziness, lightheadedness, chest pain, muscle pain or flushing.

11.2. Information on other hazards

Endocrine Disrupting Properties Assess endocrine disrupting properties for human health. This product does not contain any known or suspected endocrine disruptors.

SECTION 12: ECOLOGICAL INFORMATION

12.1. Toxicity

Ecotoxicity effects

Very toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment. The product contains following substances which are hazardous for the environment. May cause long-term adverse effects in the environment. Do not allow material to contaminate ground water system.

Component	Microtox	M-Factor
Nickel hydroxide		1

12.2. Persistence and degradability Product contains heavy metals. Discharge into the environment must be avoided. Special pre-treatment is necessary

Persistence Insoluble in water, May persist.

Degradation in sewage treatment plant Contains substances known to be hazardous to the environment or not degradable in waste water treatment plants.

12.3. Bioaccumulative potential May have some potential to bioaccumulate

12.4. Mobility in soil Spillage unlikely to penetrate soil Is not likely mobile in the environment due its low water solubility.

12.5. Results of PBT and vPvB assessment No data available for assessment.

12.6. Endocrine disrupting properties

Endocrine Disruptor Information This product does not contain any known or suspected endocrine disruptors

12.7. Other adverse effects

Persistent Organic Pollutant This product does not contain any known or suspected substance

Ozone Depletion Potential This product does not contain any known or suspected substance

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

SECTION 13: DISPOSAL CONSIDERATIONS

13.1. Waste treatment methods

Waste from Residues/Unused Products	Should not be released into the environment. Waste is classified as hazardous. Dispose of in accordance with the European Directives on waste and hazardous waste. Dispose of in accordance with local regulations.
Contaminated Packaging	Dispose of this container to hazardous or special waste collection point.
European Waste Catalogue (EWC)	According to the European Waste Catalog, Waste Codes are not product specific, but application specific.
Other Information	Do not flush to sewer. Waste codes should be assigned by the user based on the application for which the product was used. Do not empty into drains. Do not let this chemical enter the environment.

SECTION 14: TRANSPORT INFORMATION

IMDG/IMO

14.1. UN number	UN3077
14.2. UN proper shipping name	Environmentally hazardous substances, solid, n.o.s.
14.3. Transport hazard class(es)	9
14.4. Packing group	III

ADR

14.1. UN number	UN3077
14.2. UN proper shipping name	Environmentally hazardous substances, solid, n.o.s.
14.3. Transport hazard class(es)	9
14.4. Packing group	III

IATA

14.1. UN number	UN3077
14.2. UN proper shipping name	ENVIRONMENTALLY HAZARDOUS SUBSTANCE, SOLID, N.O.S.*
14.3. Transport hazard class(es)	9
14.4. Packing group	III

14.5. Environmental hazards	Dangerous for the environment Product is a marine pollutant according to the criteria set by IMDG/IMO
------------------------------------	--

14.6. Special precautions for user	No special precautions required.
---	----------------------------------

14.7. Maritime transport in bulk according to IMO instruments	Not applicable, packaged goods
--	--------------------------------

SECTION 15: REGULATORY INFORMATION

15.1. Safety, health and environmental regulations/legislation specific for the substance or mixture

International Inventories

Europe (EINECS/ELINCS/NLP), China (IECSC), Taiwan (TCSI), Korea (KECL), Japan (ENCS), Japan (ISHL), Canada (DSL/NDSL), Australia (AICS), New Zealand (NZIoC), Philippines (PICCS). US EPA (TSCA) - Toxic Substances Control Act, (40 CFR Part 710)

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Component	CAS No	EINECS	ELINCS	NLP	IECSC	TCSI	KECL	ENCS	ISHL
Nickel hydroxide	12054-48-7	235-008-5	-	-	X	X	KE-25841	X	X

Component	CAS No	TSCA	TSCA Inventory notification - Active-Inactive	DSL	NDSL	AICS	NZIoC	PICCS
Nickel hydroxide	12054-48-7	X	ACTIVE	X	-	X	X	X

Legend: X - Listed '-' - Not Listed

KECL - NIER number or KE number (<http://ncis.nier.go.kr/en/main.do>)

Authorisation/Restrictions according to EU REACH

Component	CAS No	REACH (1907/2006) - Annex XIV - Substances Subject to Authorization	REACH (1907/2006) - Annex XVII - Restrictions on Certain Dangerous Substances	REACH Regulation (EC 1907/2006) article 59 - Candidate List of Substances of Very High Concern (SVHC)
Nickel hydroxide	12054-48-7	-	Use restricted. See item 28. (see link for restriction details) Use restricted. See item 30. (see link for restriction details) Use restricted. See item 75. (see link for restriction details) Use restricted. See item 27. (see link for restriction details)	-

REACH links

<https://echa.europa.eu/substances-restricted-under-reach>

Seveso III Directive (2012/18/EC)

Component	CAS No	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Major Accident Notification	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Safety Report Requirements
Nickel hydroxide	12054-48-7	Not applicable	Not applicable

Regulation (EC) No 649/2012 of the European Parliament and of the Council of 4 July 2012 concerning the export and import of dangerous chemicals

Not applicable

Contains component(s) that meet a 'definition' of per & poly fluoroalkyl substance (PFAS)?

Not applicable

Take note of Directive 98/24/EC on the protection of the health and safety of workers from the risks related to chemical agents at work .

Take note of Directive 94/33/EC on the protection of young people at work

Take note of Dir 92/85/EC on the protection of pregnant and breastfeeding women at work

Take note of Dir 76/769/EEC relating to restrictions on the marketing and use of certain dangerous substances and preparations

National Regulations

UK - Take note of Control of Substances Hazardous to Health Regulations (COSHH) 2002 and 2005 Amendment

WGK Classification

See table for values

Component	Germany - Water Classification (AwSV)	Germany - TA-Luft Class
-----------	---------------------------------------	-------------------------

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Nickel hydroxide	WGK3	
------------------	------	--

Component	France - INRS (Tables of occupational diseases)
Nickel hydroxide	Tableaux des maladies professionnelles (TMP) - RG 37,RG 37bis

15.2. Chemical safety assessment

A Chemical Safety Assessment/Report (CSA/CSR) has not been conducted

SECTION 16: OTHER INFORMATION

Full text of H-Statements referred to under sections 2 and 3

H302 - Harmful if swallowed
H315 - Causes skin irritation
H317 - May cause an allergic skin reaction
H332 - Harmful if inhaled
H334 - May cause allergy or asthma symptoms or breathing difficulties if inhaled
H341 - Suspected of causing genetic defects
H350i - May cause cancer by inhalation
H360D - May damage the unborn child
H372 - Causes damage to organs through prolonged or repeated exposure
H400 - Very toxic to aquatic life
H410 - Very toxic to aquatic life with long lasting effects

Legend

CAS - Chemical Abstracts Service

EINECS/ELINCS - European Inventory of Existing Commercial Chemical Substances/EU List of Notified Chemical Substances

PICCS - Philippines Inventory of Chemicals and Chemical Substances

IECSC - Chinese Inventory of Existing Chemical Substances

KECL - Korean Existing and Evaluated Chemical Substances

TSCA - United States Toxic Substances Control Act Section 8(b) Inventory

DSL/NDL - Canadian Domestic Substances List/Non-Domestic Substances List

ENCS - Japanese Existing and New Chemical Substances

AICS - Australian Inventory of Chemical Substances

NZIoC - New Zealand Inventory of Chemicals

WEL - Workplace Exposure Limit

ACGIH - American Conference of Governmental Industrial Hygienists

DNEL - Derived No Effect Level

RPE - Respiratory Protective Equipment

LC50 - Lethal Concentration 50%

NOEC - No Observed Effect Concentration

PBT - Persistent, Bioaccumulative, Toxic

TWA - Time Weighted Average

IARC - International Agency for Research on Cancer Predicted No Effect Concentration (PNEC)

LD50 - Lethal Dose 50%

EC50 - Effective Concentration 50%

POW - Partition coefficient Octanol:Water

vPvB - very Persistent, very Bioaccumulative

ADR - European Agreement Concerning the International Carriage of Dangerous Goods by Road

IMO/IMDG - International Maritime Organization/International Maritime Dangerous Goods Code

OECD - Organisation for Economic Co-operation and Development

BCF - Bioconcentration factor

ICAO/IATA - International Civil Aviation Organization/International Air Transport Association

MARPOL - International Convention for the Prevention of Pollution from Ships

ATE - Acute Toxicity Estimate

VOC - (Volatile Organic Compound)

Key literature references and sources for data

<https://echa.europa.eu/information-on-chemicals>

Suppliers safety data sheet, Chemadvisor - LOLI, Merck index, RTECS

Training Advice

Chemical hazard awareness training, incorporating labelling, Safety Data Sheets (SDS), Personal Protective Equipment (PPE) and hygiene.

Use of personal protective equipment, covering appropriate selection, compatibility, breakthrough thresholds, care, maintenance, fit and standards.

First aid for chemical exposure, including the use of eye wash and safety showers.

SAFETY DATA SHEET

Nickel(II) hydroxide

Revision Date 10-Feb-2024

Chemical incident response training.

Prepared By Health, Safety and Environmental Department
Revision Date 10-Feb-2024
Revision Summary New emergency telephone response service provider.

This safety data sheet complies with Regulation UK SI 2019/758 and UK SI 2020/1577 as amended.

Disclaimer

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text

End of Safety Data Sheet